

A professional portrait of Trina L. Martin, a Black woman with long, wavy dark hair, smiling at the camera. She is wearing a white long-sleeved top and a white blazer. She is seated on an ornate, gold-colored chair with a high, decorative backrest. Her right hand is resting on her lap, and her left hand is resting on her chest. She is wearing a gold ring on her right ring finger and a gold bracelet on her left wrist. The background is a plain, light-colored wall. The floor is made of light-colored tiles.

TRINA L. MARTIN

CEO & FOUNDER OF T.L.MARTIN
INTERNATIONAL

TRINALMARTIN.COM

TRINA

TECHNOLOGIST

Over two decades as a computer programmer, digital forensics examiner, cyber and military intelligence professional

SPEAKER

Internationally recognized & sought after inspirational speaker & woman of color in tech speaker

AUTHOR

From a Mess to Amazing: 7 Steps to Create the Life You Deserve

PODCAST HOST

Host of the #1 podcast Trina Talk

TRINALMARTIN.COM



ABOUT TRINA

Trina is the CEO and founder of T.L. Martin International, a consulting and professional development firm in Houston, Texas.

An accomplished IT professional and retired U.S. Naval Officer with 30 years of service, she has broken barriers and made strides in her career that many said weren't possible. She uses her experiences to motivate audiences to overcome adversity and develop self-determination and discipline. Trina inspires emerging leaders to pursue their wildest dreams with heart and grit.

Trina is a native of Chicago, IL, the youngest of four children. She was the first in her family to attend college, and due to the lack of support at home, she knew she would have to achieve her own goal. With unwavering determination, she enlisted in the U.S. Army and served in the reserves to put herself through Alabama A&M University. Both choices fueled Trina's desire to succeed and revealed the depths of her resiliency.

She is naturally skilled at finding the harmony between technology, science, and data. She has led a stellar career in the Information Technology field, as an Intelligence Officer in the U.S. Navy and a Cyber Intelligence Analyst for the FBI. Trina has pierced the glass ceiling and excelled in positions typically held by men.

SPEAKING TOPICS



Women of Color in Tech:
Qualified but Overlooked

Women in Tech: Qualified
but Overlooked (The
workshop)

How to Be Equitable and
Inclusive in the Workplace

From a Mess to Amazing!
Overcoming Adversity and
Fulfilling Destiny

*Custom Topics Available
Upon Request

SEEN & HEARD

Events, Publications & Media

Women in Tech Network Global
Conference 2022

Women in Tech Texas 2022

WWCode Connect Forward 2021

Ada's List Conference 2021

Speaker at Shawn Fair Leadership
Experience Tour 2021

Viasat Women History Month Speaker

Teleflex Veteran ERG Speaker

Transportation Security Administration
5N5 Cyber Conference Speaker

Houston Association of Corporate
Counsel Speaker

Cook Middle School Royal Rangers Girls
Speaker

[Thrive Global](#)

[Digital Journal](#)

[azcentral.com](#)



[Influencers Radio with Jack Mize](#)

[TechTime Radio](#)

[The GentleMans Style Podcast](#)

[Like A Real Boss](#)

[Women of the Military Podcast](#)

[Tech the Geek](#)

BOOKS



Trina is the author of *From a Mess to Amazing: 7 Steps to Create the Life You Deserve* where she takes her readers on a journey in her motivational memoir, where she shares details about how she overcame the effects of abusive relationships, poor choices, and low-self-esteem.

Inside the book you will discover the steps that Trina took on her journey:

- Step 1: Change Your Mindset
- Step 2: Evaluate Yourself
- Step 3: Set Goals
- Step 4: Invest in Personal Development
- Step 5: Build Relationships
- Step 6: Be Perfectly Imperfect
- Step 7: Commit to Making the Change

Trina created a complimentary workbook so that you can journal and complete the exercises in the book as you read!

PODCAST



Trina is the host of Trina Talk. She started the podcast a way to inspire listeners whether they are looking to change or improve their personal or professional life. Trina has unscripted conversations with business owners, entrepreneurs, leaders, and celebrities from around the world who want to share their story to inspire others to pursue their dreams and goals.

Trina is a great interviewer and listener. Her guests are overjoyed and grateful when they discover Trina Talk is not the typical podcast which ask the same questions of every guest, but is truly interested in who they are!

You can listen and subscribe to Trina Talk everywhere podcast can be heard.

Listen now: <https://trinalmartin.com/podcasts>

COMMUNITY



Google Women Techmakers Ambassador

Trina is honored to be selected as a Google Women Techmakers Ambassador!

Women Techmakers is a global community whose mission is to support women in tech and help them thrive. Diversity, inclusion, and gender equality in tech is its priority.

TESTIMONIALS

As President of our newly formed Veterans Employee Resource Group here at Teleflex, we were honored to have Trina Martin join us as our very first guest speaker on January 19, 2021. Our general meeting topic was Leadership within the Military & Veteran Community and Trina exceeded all expectations. Her dynamic presentation style resonated with our members, and she spoke candidly about challenges faced & overcome while serving as an Officer in the US Navy. Trina brings a wealth of experience to the conversation and we appreciated her direct responses to a very robust questions/answer session. We could not have asked for a better guest speaker to kick-off our meeting and set the standard for excellence for guest speakers within our veterans group. I highly recommend Trina if you desire a professional, dynamic and extremely knowledgeable speaker for any of your corporate programs.

John A. Birkle, MA, JD
Pacific Regional Manager – Vascular Division
Teleflex, Inc.

Thank you for being here and sharing your story with our students. I was so excited to see them ask questions and learn more about how to stand up and be strong. These young ladies are so incredible, they just need role models and encouragement. You are an impressive woman and they all knew they had something to learn from you.

Maggie, Cook Middle School Principal

Thank you so much for taking the time and making the effort for your luncheon presentation to IEC-Gulf Coast. You were a HIT, Home Run!

B.J., IEC Associate



BOOK TRINA

AVAILABLE FOR:

TV & Radio Shows

Podcasts

Emcee

Inspirational & Keynote Speaker

Workshops, Seminars &

Breakout
Session

Online Tele-Seminar &

Conference
Panelist

Live & Special Events

Corporate Leadership Trainings

Trina is a dynamic keynote speaker, panelist, and instructor for a variety of events. She is an experienced speaker and author with expertise in overcoming adversity, personal development, and being a woman of color in tech

She is relatable, engaging, and able to leave audiences empowered to take action.

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